



Gift voucher

Gift voucher code:

This gift voucher entitles the bearer to one **“Basic Sports First Aid”** course. An Interactive, practical course taught in fun and friendly environment. Upon successful completion participants receive a certificate and pocket face shield. This course includes safe use of an **Automated External Defibrillator**



This course is delivered in accordance with currently accepted first aid practices and complies with Resuscitation Council (UK) guidelines 2015. Participants will gain practical knowledge on the topics outlined below.

- First-aider roles and responsibilities
- Accident reporting
- An unresponsive casualty who is breathing normally
- An unresponsive casualty who is not breathing normally
- Considerations when dealing with children
- A heart attack or stroke
- Cardiac arrest
- Safe AED use
- Choking
- External bleeding
- Shock
- An anaphylactic reaction
- Seizures
- A head injury and concussion
- Asthma

Simply contact us directly with your voucher code. bookings@thebridgefirstaid.co.uk or call 01954 212118 to book a scheduled classroom course. Courses run monthly during the weekend , midweek, and school holidays predominately in Cambridgeshire, Suffolk and Hertfordshire. For the full syllabus and additional course information please visit www.thebridgefirstaid.co.uk

The small print

Vouchers are valid for 13 months from the date of purchase. Gift Vouchers are interchangeable and can be redeemed against the cost of any other classroom course or event from the Bridge First Aid Ltd or the Bridge Petworking.